



H1N1 Flu Virus Update – October 26 (Human Swine Flu)

Beginning Monday October 26, the pandemic H1N1 influenza vaccine is available through the Public Health Office to those people who are at high-risk for complications from H1N1 infection and would benefit most from immunization:

- ✓ Individuals under 65 years of age with chronic disease
- ✓ Pregnant women
- ✓ Individuals - including First Nations people - living in remote or isolated communities.

People who are not at high risk are requested to wait until mid-November to get immunized when BC receives its full orders of the H1N1 vaccine.

We are closely monitoring the directives from the various Canadian health agencies to ensure we are following the appropriate actions. The BCMEA will continue to work with our employers and union locals to ensure all parties are up to date on current information and have appropriate plans in place to address employee and customer concerns.

Please continue to use the antibacterial gel in the dispatch halls and wash your hands often as it is the most efficient way to reduce the spread of any virus. Other suggested methods to reduce the spread of the virus are:

All employees that exhibit cough and fever flu like symptoms should ensure they identify themselves to their employer and take the necessary precautions to limit potential infection of others.

We will continue to closely monitor information provided by the Public Health Agency of Canada and will update this website as further information becomes available.

To locate a clinic that provides the H1N1 Influenza Vaccine, please go to the following website:

www.immunizebc.ca

For further information, please go to the following websites:

www.fightflu.ca

www.gov.bc.ca/h1n1/